

ORGANIZATION	CONTACT	EMAIL	PHONE	PROJECT TITLE	PROJECT DESCRIPTION	VOL NEEDED	PROJECT DATE	REGISTRATION
ArtReach	Anna Laroque	anna@artreachsandiego.org	9135301906	Community Painting Event	We are seeking community volunteers to help paint a mural for our new studio and office space that hosts free youth and community workshops	10-15	8/29/2024	
Bayside Community Center	Kim Heinele	kheinele@baysidecc.org	858-278-0771	Linda Vista Community Cleanup	Join us for the monthly Linda Vista Community Cleanup on Sunday, August 4 or Sunday, September 8 as we beautify the Linda Vista neighborhood! We meet at 10am at the Linda Vista Branch Library parking lot, distribute gloves and trash bags and equipment, and away we go. We end at 11:30am at Bayside :)	30-50	8/4/2024	n/a
BLISS Care Foundation Inc.	Marichu Peters	m.c.peters@blisscarefoundation.org	6198506361	Youth in Motion	Empowering the Youth to Honor our Seniors!	10	8/24/2024	https://forms.gle/D152Hlwi3LmUJfJT7
Boys & Girls Club of San Marcos	Ashley Cork	ashley@boysgirlsclubsm.org	760-539-3311	2024 Double Peak Challenge	Join us for the Double Peak Challenge, a unique outdoor recreation event hosted by the Friends of San Marcos and the Boys & Girls Club of San Marcos! The challenge features 5k and 10k routes, where trail runners can experience breathtaking views from North County's highest point. The Boys & Girls Club of San Marcos is recruiting volunteers to support with race packet distribution and on race day. With multiple shifts available, volunteers can assist with setup/morning registration, and cheering on runners/cleanup. Proceeds from the event go toward supporting community wellness and youth development initiatives led by Friends of San Marcos and BGCSM. Come be a part of something meaningful while enjoying the great outdoors!	September 27 (pre-event) 4-7pm, 3 volunteers; September 28 (event day): 6am-9:30am, 5 volunteers; 9am-11:30am, 5 volunteers	9/28/2024	www.boysgirlsclubsm.org/volunteer
Casa Cornelia Law Center	Cynthia Souza	csouza@casacornelia.org	6192317788	End of the year mailing campaign	stuffing envelopes	15	11/24/2024	NA
Community Resource Center	Sara Rosenbaum	srosenbaum@crccnc.org	760-230-6501	San Diego Gives - Helping Hands	CRC serves more than 6,400 people each year with emergency assistance, domestic violence emergency shelter, counseling, housing stability and access to healthy food. The exact description of the volunteer opportunity is not known at the moment, but what ever it is, it will bring help to those who need it and could include a project in our Food & Nutrition Center, one of our three resale stores, or assist with an urgent need that may arise.			
Curebound	Rylee Johnson	rlyee@curebound.org	619.314.5878	Event Assistant	Please contact Rylee	10	6/1/2024	https://www.curebound.org/get-involved/donate
ElderHelp of San Diego	Carrie McClellan	cmcclellan@elderhelpsandiego.org	619-371-4272	Wellness and brain health kits for seniors	Volunteers and corporations can contribute to our wellness and brain health supplies drive by purchasing through an Amazon Wishlist. Wellness kits will be assembled and delivered to seniors (date and time yet to be determined).	50	7/31/2024	https://www.amazon.com/hz/wishlist/ls/3114KMLUP84L82?ref=_wvl_share
Foundation for Women Warriors	Keshia Javis-Jones	kjavijones@f4ww.org	310.733.2450 x 6	Warehouse Support Day	Join us for a day of community service and teamwork at "Warehouse Support Day" for Foundation for Women Warriors! This event is dedicated to organizing, sorting, and assisting with various administrative tasks in our warehouse. Your volunteer efforts will help streamline our operations and ensure that essential supplies reach the women veterans and children who need them most.	20	8/29/2024	https://forms.office.com/r/BKc8S2z1Tt
Friends of Lake Hodges	Maryam Ramin	info@FriendsOfLakeHodges.org		Jam for the Dam Volunteer	Help us host our first Jam for the Dam music event	15	8/1/2024	info@FriendsOfLakeHodges.org
HandsOn San Diego	Jessie Case	jessie@handsonsandiego.org	619-335-8567		We have hundreds of volunteer opportunities available at nonprofits throughout San Diego County each month.			https://www.handsonsandiego.org/calendar
Healthy Day Partners	Mim Michelove	mim@healthydaypartners.org	724 329 1349	Grab & Grow Gardens; Homegrown Hunger Relief; Straight 2 the Plate Mobile Garden Classroom; Donation-based Seed Library	We offer multiple volunteer opportunities to help end local hunger and grow climate resilience.	20		
Hillel of San Diego	Jessica Meyer, Assistant D	jmeyer@hillelisd.org	619-764-5995	Hillel Helper	Hillel Helpers donate kosher foods/snacks, Keurig coffee pods, paper towels, paper plates, plastic utensils, napkins, feminine hygiene products, and other essential items so that Hillel of San Diego can nourish and welcome hundreds of college students each day as they return or come for the first time to campus.	10	8/21/2024	n/a
Immigrants in Corporate Inc.	Lola Adeyemo	Lola@Immigrantsincorporate.org	619 884 0702	Community Engagement Manager/Social Media Manager	Support to post and engage our linkedin, instagram and facebook audience through resource and content sharing.	2	7/1/2024	https://forms.gle/s52nxYpadFdljH89
Joueur Confidence Foundation Inc.	TJ Harris	info@joueurconfidence.com	6194393771	Mental Health Peer Support	The Mental Health Peer Support volunteer opportunity involves engaging with youth and young professionals in virtual settings to discuss personal, career, and mental health updates. Volunteers provide encouragement, share experiences, and offer support to help individuals navigate challenges, build resilience, and foster positive mental well-being. Through empathetic listening and meaningful conversations, volunteers play a crucial role in providing a safe and supportive space for participants to express themselves and receive guidance in their journey towards mental wellness and personal growth.	25	8/1/2024	https://docs.google.com/forms/d/1LxQJrcK52hAc0o7E1z53w9CeJ4XGOfvNcX4rapihA/edit
Neighborhood Healthcare	Ashtynn Finney	ashtynn.finney@nhcare.org	4422868215	Neighborhood Healthcare Volunteer	We have a few different event volunteer opportunities, we also have our monthly food distribution.	25	8/31/2024	
San Diego Habitat for Humanity	Stacy Gidcumb	stacy.gidcumb@sandiegohabitat.org	619-283-4663 Ext. 140	Volunteer Coordinator	Join us to volunteer within our ReStore in Kearny Mesa or National City			
Solana Center for Environmental Innovation	Liz Davis	liz.davis@solanacenter.org	(760) 436-7986 ext. 700	tbd	tbd	tbd	tbd	tbd
Solutions for Change	Karina Martinez	kmartinez@solutionsforchange.org	760 941 6545 x321	Serving Dinner	Volunteer groups of all ages can come serve dinner to our newest families.			https://solutionsforchange.org/take-action/dinner-page.html
VETS - Beyond The Uniform	Mally Mancilla	mally.mancilla@vetsbeyondtheuniform.org	760-268-2068 Ext 1201	Fundraising or Marketing	Help with fundraising or marketing efforts	4		https://docs.google.com/forms/d/8/1FAlpDLS5fQzsdvF880ppC4YhrcJwvFjH0QzvdmlTbHlMdxCR3Pq/viewform?usp=sf_link
The Arc of San Diego	Alba Sanchez	asanchez@arc-sd.com	619-795-4187	Sulpizio Garden Beautification	Volunteers would work to beautify the garden area at The Sulpizio Family Center for program attendees with disabilities to enjoy. We will be working on cleaning the area, weeding the garden beds, laying mulch, preparing raised beds for planting, repotting plants, and sanding and repainting our picnic tables.	10	8/30/2024	https://forms.gle/pmuTfj5Bt57zqQJw8
Computers 2 Kids	Twylla Perry	tperry@c2kd.org	858-200-9791	C2K Serve Day	Volunteer at C2K warehouse preparing computers for distribution.	20	9/5/2024	https://www.surveymonkey.com/j/SanDiegoGives2024
MANA de North County San Diego	Corie De Anda	cdeandats@gmail.com	760-473-8719	Hermanitas Director	At our events, annual conference, help with our media	3	7/22/2024	https://manadenorthcountysd.org/gallery/
Robin's Nest Rescue	Kimber Williams	Kimber@robinsnestramona.com	619-459-1985	Animal Care Volunteer	RNR has a progressive volunteer program that provides for one-on-one time with our 21+ animals. There are three levels of animal volunteer opportunities and volunteers must start at Level 1 and work their way to Level 3, earning more responsibility as the volunteer advances.	25		https://www.robinsnestramona.com/volunteer
Assistance League of North Coast	Jan White	marketing@alnc.org	760-722-2286	Donating to the Assistance League of North Coast Thrift Shop	Donating to our Thrift Shop on Tuesday, Thursday or Saturday from 10-3:00	Unlimited	7/27/2024	alnc.org
Groundwork San Diego - Chollas Creek	Cheryl Pryatel	groundworker@groundworksandiego.org	6195430430	EarthLab Day in the Garden	Come learn about and help us maintain native plants at Groundwork's EarthLab Climate Action Park where students explore and learn about the Environment and climate science.	30	8/3/2024	https://groundworksandiego.org/events/event-two-2436g-wbsbs-hv4j-b2bg7-zq53w
San Diego Futures Foundation	Teresa Valenzuela	teresa@sdfutures.org	6196013613	Audio/Visual_Social Media Intern	Oversee social media and help create dynamic videos capturing our programs and services	2	8/1/2024	sdfutures.org/careers
Lifeline Community Services	Anabel Melo	anabel@lifeline.org	(760) 842-6254	Day of Cleaning at the Drop-in Center	Day to deep clean our youth drop-in center in Vista	min 8, max 15	8/8/2024	https://lifeline.galaxydigital.com/need/detail/?need_id=772453
Interfaith Shelter Network	James Skeet	james@interfaithshelter.org	6197025999	Yearly Opportunities	We have many opportunities through our two programs, Rotational Shelter & El Nido. You can visit our website to learn more.	30+	9/2/2024	www.interfaithshelter.org/volunteer.html
Pro Kids, First Tee - San Diego	Blake Wimer	bwimer@prokidsonline.org	619-798-3936	Education Support Volunteer or Golf Support Volunteer	Education Support Volunteer: Education Support Volunteers will be asked to assist in classrooms, tutor members of a specific age group, play games with members, and interact with program members, staff and community persons in a positive manner. Golf Support Volunteer: Golf Support Volunteers will be asked to assist with running stations in golf classes once trained and to chaperone members on the course, practice greens and driving range during scheduled golf practices.	No limit		https://thefirstteesandiego.org/get-involved-2/volunteer/

Center Stage Productions	Donna Clopine	volunteer@centerstagesd.com	760-807-8654	Mean Girls Load Out	Volunteers will be assisting in the Load Out for the summer production Mean Girls at the Black Box Theater at the California Center for the Arts, Escondido. Volunteers will assist staff and crew break down sets, loading sets, props, costumes and other items into the U-Haul truck and unloading the items into the CSP Warehouse. Both locations are in Escondido. The project will last approximately 3-4 hours.	10	8/4/2024	https://forms.gle/Nu7yDuGrtzE5jce8
Greater Than Tech	Jasmine LeFlore	jasmine@greatherthantech.org	810-820-0882	GTT Volunteer Opportunity	Technical professionals are instrumental to helping us sustain and grow our programs. Technical volunteers are folks who have a background in tech, who can help us teach a variety of our tech programs. These volunteers most likely know how to code, build robots, CAD, fly drones or may have product development experience. These volunteers serve as supplemental help to aid in student support and may teach a specific section of the course based on their expertise. Typical technical volunteer time commitment can range from 2 hours to 8 hours depending on the program. Operational support volunteers normally help us with setup and take down of our programs. Typical volunteer time commitment can range from 2 hours to 8 hours depending on the program.	4	11/15/2024	https://greatherthantech.org/portfolo/volunteer/
San Diego Center for Children	Warren Johnson	wjohnson@centerforchildren.org	858-634-8346	Campus Beautification	Bring your team to help beautify our main campus for youth at the Center. Prior groups have done light painting or landscaping.	25		https://www.centerforchildren.org/ways-to-give/volunteer/
Clarity Foundation	Liz Kubiak	lkubiak@clarity.org	858-264-6925	Teal Woman Gala (various activities) and Ovarian Cancer Awareness Month preparation	These are works in progress!	1-3	8/1/2024	N/A
Girls Rising Above Child Exploitation, Inc. (GRAC)	Alex Stephenson	alex@girlsrisingabove.org	6194311355	Outreach Hub for Rescue America	Make outbound calls through a secure link to offer a way out of "the life" for those who are potentially trafficked. Rescue America scrubs phone numbers via online escort service ads and directs your secure call to the designated phone number. Volunteers then read from a script and offer a call back number to the resource hotline for Rescue America to be connected to an "exit strategist". This call center is a monthly pop-up on the 1st Thursday at 6pm.	40	8/1/2024	https://docs.google.com/forms/d/e/1FAIpQLSf7R0uYiuecbCusV9hiDospM87ZIS_ybIqrE4t8ofwzA/viewform?pli=1
Mountain Shadows Support Group	Angela Addington	aaddington@mtnshadows.org	6195926596	Volunteer at Camp Able	Assist with our residents participating in Camp Able, a summer camp for those with intellectual disabilities. Help participants navigate day camp including sailing, canoeing, nature walks, crafts, etc.	1-2 per day, Aug 1st-2nd & 5th-8th	7/22/2024	https://mtnshadows.org/volunteer/
Survivors of Suicide Loss	Lauren Cook	lauren@sosilsd.org	619.482.0297	Executive Director	Help at events	50	9/8/2024	https://sosilrallybound.org/walkinhope/Account/Register
Girls Rugby Inc.	Jess Burger	operations@girlsrugbyinc.com	802-782-6343	Girls Rugby Event Ambassador	Are you excited by the idea of supporting girls empowerment in your community? Look no further! Girls Rugby is excited to offer the volunteer opportunity of Event Ambassador! Support our mission to empower girls to reach their fullest potential through sport by participating in one of our community engagement events. Want to take your volunteering to the next level? With the support of local programming staff, identify a community you feel could benefit from leadership and confidence development and bring a FREE Girls Rugby Clinic to your community, school, or club!	7		https://www.girlsrugbyinc.com/get-involved/
Tree San Diego	Mandy Conry	mconry@treesandiego.org	858-210-6451	Tree Planting	Tree planting in the promise zones to bring shade and tree benefits to communities that need them the most!	30	11/8/2024	TBD
Youth Philharmonic Orchestra dba City Heights	Lorelei Isidro-Garner	lgarner@cityheightsmusicschool.org	619-920-2070	CHMS Open House - Check in Table and Station Assistant	Our CHMS Open House is the perfect opportunity to engage volunteers at our check-in table and the various activity stations for interaction with teachers, instruments, art projects, and dance demonstrations.	5	8/17/2024	https://chms.wyfoo.com/forms/chms-open-house/
Travelers Aid Society of San Diego	Alexandra Servey	allie@travelersaidsandiego.org	6192958393 ext. 308	Senior Birthday Card Project	Volunteers are welcome to come in and fill out birthday cards for our 1,700 clients (spread out throughout the year)	10	8/14/2024	TBD
Agua Hedionda Lagoon Foundation	Madeline Aldecoa	madeline.aldecoa@aguahedionda.org	7608041969	Trail/Discovery Center Restoration	Assist with multiple projects to beautify and maintain a safe trail space and Discovery Center	20	9/6/2024	
Barrio Logan College Institute	Alex Martinez	volunteer@blci.org		Volunteer tutoring	Program Volunteer Assist in the delivery of program services (e.g., tutoring, mentoring) Prepare materials and resources for program activities Provide feedback and suggestions for program improvement Commitment: Volunteers are expected to adhere to the agreed-upon schedule and notify their supervisor in advance if they are unable to attend. Be Cooperative: Work collaboratively with staff and fellow volunteers to achieve common goals. Be Supportive: Assist others as needed and be willing to share your skills and knowledge with others.	15	8/1/2024	Email volunteer@blci.org to express interest.
Promises2Kids	Jenn Montgomery	jenn@promises2kids.org	858-290-8253	Guardian Scholars	Guardian Scholars Mentor - Students are paired with mentors who provide the support, love, and guidance that a typical family would provide to ensure success. Specialty Group Coach - LGBTQ+ students are paired with community members to create community through a cultural lens.	flexible number/ no cap	7/16/2024	https://promises2kids.org/volunteer/
Cura Smiles	Jordyn Savard	jordyn@curasmiles.org	8053406408	Volunteer Dental Provider	Cura Smiles is always looking for dentists, hygienists, and more to help us serve even more smiles in the community. Volunteers will work alongside our clinic coordinators and student volunteers in the City Heights dental clinic, serving underserved members of our San Diego community.			Interested volunteers can email jordyn@curasmiles.org.
Peer Support Network	Amy Jeffers	amy.jeffers@peersupportnet.org	619-988-6789	Community Engagement	Meet with clients and play board games	10	9/6/2024	N/A

					<p>Research and Data Gathering:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify relevant websites based on the specific requirements. <input type="checkbox"/> Navigate through websites to extract the necessary data accurately. <input type="checkbox"/> Verify the credibility and accuracy of the information obtained. <p>Data Entry:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Transfer the gathered data into a spreadsheet format. <input type="checkbox"/> Organize the data in a structured manner according to predetermined categories or criteria. <input type="checkbox"/> Ensure consistency and accuracy in data entry to minimize errors. <p>Data Cleaning and Formatting:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Remove any irrelevant or duplicate information. <input type="checkbox"/> Standardize data formats for consistency. <input type="checkbox"/> Check for spelling errors and correct any discrepancies. <p>Data Analysis and Interpretation:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Analyze the collected data to identify patterns, trends, or insights. <input type="checkbox"/> Summarize key findings and present them in a clear and understandable format. <input type="checkbox"/> Interpret the data to derive actionable conclusions or recommendations. <p>Regular Updating and Maintenance:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Update the spreadsheet regularly to reflect any changes or additions to the information. <input type="checkbox"/> Conduct periodic reviews to ensure the data remains current and relevant. <input type="checkbox"/> Maintain data integrity by implementing proper version control and backup procedures. <p>Collaboration and Communication:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Collaborate with relevant stakeholders to understand their requirements and incorporate feedback. <input type="checkbox"/> Communicate effectively with team members or supervisors regarding progress, challenges, and any necessary adjustments. <p>Quality Assurance:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Conduct quality checks to verify the accuracy and completeness of the data. <input type="checkbox"/> Address any discrepancies or errors promptly to maintain data integrity. <input type="checkbox"/> Implement quality control measures to uphold standards and minimize errors. <p>Documentation and Reporting:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Prepare reports or summaries based on the spreadsheet data for internal or external stakeholders as required. <input type="checkbox"/> Ensure that all documentation is organized and easily accessible for future reference. <p>Adaptability and Continuous Improvement:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Adapt to changes in requirements or priorities and adjust workflows accordingly. <input type="checkbox"/> Seek feedback and actively seek opportunities for improving efficiency and effectiveness in data management processes. <p>By fulfilling these responsibilities effectively, the CONSULTANT can ensure that the spreadsheet accurately reflects the desired information and serves its intended purpose for decision-making and analysis.</p>		
Freedom2Succeed	Patricia Franklin	pfranklin@freedom2succeed.org	858 792 0961	Data analyst	4	8/1/2024	
Kids for Peace	Meg Jansen	info@kidsforpeaceglobal.org	760.730.3320	Carlsbad TGIF Concerts in The Park - Blue Team Waste Sorters	20-40	8/9/2024	https://www.signupgenius.com/go/8050F45A4AD2A0F58-tgifr/
The Princess Project San Diego	Karen Martin-Spellerberg	karen.martin@princessproject.org	619-203-8303	Dress Store Organization Day	20	9/6/2024	https://www.princessprojectsd.org/volunteer
Rescate Fenix			3233634129	Adoption Event Volunteers	10	9/1/2024	
Nativity Prep				Mentoring		8/1/2024	https://nativityprep.org/get-involved/volunteer/
The Elizabeth Hospice			760-796-3723	Camp Spero Children's Grief Camp Inventory Project	Up to 4 volunteers at one time between 10 AM - 4 PM; prefer two-hour shifts beginning at 10 AM.	8/14/2024	Email vatei.campbell@ehospice.org
San Diego Therapeutic Horsemanship			2068836844	Program Coordinator	10	8/15/2024	sdtthermshanship@gmail.com