

Liz Sheahan, Vice President of Development, Jacobs & Cushman San Diego Food Bank and North County Food Bank

Liz oversees all development initiatives for the Food Bank, providing food to 370,000 San Diegans every month. She has worked in hunger relief since 2006 – originally in Wausau, Wisconsin, and then with Society of St. Andrew, a national gleaning organization. She joined the San Diego Food Bank in 2015.

Liz earned a BS in Social Work from Augsburg College in Minneapolis and a master's degree in Philanthropy & Development from St. Mary's University of Minnesota. She is certified as a Fellow in Charitable Estate Planning. Prior to entering the hunger relief world, she worked in education and hospice. Liz graduated from LEAD San Diego in 2014. An avid volunteer, Liz has served on the boards of directors for many organizations. She currently serves on the board of the Carlsbad Chamber of Commerce and as Vice Chair of the board for ProduceGood. In addition, she co-chairs the Programs Committee for the North County Philanthropy Council.