Thank you for signing up to volunteer at the Jacobs & Cushman San Diego Food Bank!

Below is important information about your volunteer visit. Please read carefully. We look forward to seeing you soon!

**Start Time**
Shifts begin on time. Please plan on arriving 5 to 10 minutes early to allow enough time to find parking, use the restroom, etc. Due to health and safety regulations, volunteers who arrive more than 10 minutes late will not be permitted to volunteer.

**Parking**
Please park in the San Diego Food Bank parking lot located at the end of Distribution Avenue or in parking spaces in front of the warehouse. Street parking is also available on Distribution Avenue. Do not park in spots designated for surrounding businesses.

**Dress Code**
Dress comfortably, and wear close-toed shoes. Open-toed shoes, heels or sandals are not permitted. The warehouse is not temperature-controlled, so layers are recommended. Please leave purses, jewelry and other valuables at home or locked in your car. The Food Bank will not be responsible for any missing personal belongings.

**Minor Volunteers**
Children under 18 must turn in a Volunteer Waiver Form signed by their parent or guardian in order to volunteer. Please click here to download our Volunteer Waiver Form. All volunteers ages 11 through 15 are required to have a chaperone; 1 adult to every 4 youth volunteers. These chaperones also need to be signed up for the volunteer shift. Children under 11 are not permitted to volunteer.

**Food and Drinks**
The San Diego Food Bank will not provide food or drinks. Feel free to bring your own snacks and refreshments, and eat in designated break areas (food and drinks are not allowed inside the warehouse). The food in the warehouse is not for volunteer consumption or use.

**Food Donations**
The Food Bank encourages volunteers to bring food donations. If you would like to donate food items to the Food Bank, please deposit your donation in our food collection barrels before the start of your volunteer shift.

**Questions?**
Please contact the Volunteer Department via email neisenberg@sandiegofoodbank.org for any shift-related questions or concerns.
We are so excited that you will be volunteering with the Jacobs & Cushman San Diego Food Bank in just a few days! To ensure your project is as successful as possible, please arrive a few minutes ahead of time to allow for sign in.

We will likely be having volunteers help with a variety of cleaning projects throughout our distribution center, to help us maintain a high level of food safety. Wear proper work clothes that you do not mind getting dirty.

Important reminders:

- Sign in with the project coordinator upon arrival
- The Distribution Center is a working warehouse; close-toed shoes are required. Tennis shoes or running shoes work great!
- The Distribution Center is neither cooled nor heated - We urge you to dress accordingly.
- Eating or drinking is permitted in the break room only.
- Leave valuables in your vehicle or at home.
- Please no horseplay in the warehouse.

Important reminders for youth volunteers:

- Children under the age 11 will not be allowed to volunteer in the warehouse.
- Volunteers who are ages 11 through 15 are required to have a chaperone; 1 adult to every 4 youth volunteers.
- Volunteers under 18 must turn in a paper waiver signed by their parent or guardian in order to volunteer.
- Please click for our Waiver.

Other ways to make an impact:

- We welcome donations of healthy non-perishable food. Bring in donations like peanut butter, canned chicken or vegetables to your volunteer shift.
- For every $10 donated we can provide 50 meals to hungry people.

Thank you for your commitment to providing food to those in need. If you would like to learn more about hunger in San Diego please visit http://sandiegofoodbank.org/

Please feel free to contact me by phone 858-863-5121 or email neisenberg@sandiegofoodbank.org if you have any questions or concerns. Otherwise, we look forward to seeing you soon!

Thank you,

Volunteer Department
THANK YOU!

Thank you for volunteering at the Jacobs & Cushman San Diego Food Bank!

Your support enables the Food Bank to provide food assistance and hope to thousands of people in need in communities throughout San Diego County every week.

Thanks to your help, we are able to feed working-poor families, fixed-income seniors, low-income military families, and children living in poverty.

Did you know that the Food Bank has more than 25,000 volunteer visits every year? Volunteers, like you, save the Food Bank over $1.5 million in annual labor costs! These cost savings coupled with our organizational efficiency ensure that 92 cents of every dollar donated to the Food Bank goes directly to our hunger-relief programs!

Please know that the generous gift of your time and energy volunteering at the Food Bank is making a difference in the lives of those we serve here in San Diego County!

LOOKING FOR MORE WAYS TO HELP?

Are you looking for more ways to support the Food Bank?
  o Host a Virtual Food Drive!

The Food Bank’s Virtual Food Drive is an easy way for businesses, civic organizations, schools, and faith-based groups to host a food drive and donate food virtually! Visit www.sandiegofoodbank.org/virtual on the Food Bank’s website to set up your drive today!

Join Our Monthly Meals Club!

Join our Monthly Meals Club, and help us feed the hungry every day, all year long. A monthly gift of $10 will guarantee a hungry individual at least one healthy meal every day, every month, for the entire year. To join our Monthly Meals Club, visit www.sandiegofoodbank.org/donate/monthly-meals-club

You can learn more about these and other ways to support hunger-relief by visiting our website at www.SanDiegoFoodBank.org

We would love to hear your feedback. Please follow the link to complete our survey. https://www.surveymonkey.com/r/9FP6MVN

You are at the heart of all we do. Thank you for supporting our mission to fight hunger and feed hope in San Diego County!

Best regards,

James A. Floros
President & CEO
Jacobs & Cushman San Diego Food Bank